

HOW TO GET THERE

From the east, northeast, and southeast, enter Greensboro on I 40/BUS I 85, follow BUS I 85, turn off at Exit 121 B to Holden Road. Turn right and follow Holden Road north to the church, on the right between Market Street and Friendly Avenue.

From the north on US 220, Pass Lowe's, then turn right at the sign "To Holden Road." Follow Holden Road South past the intersection with Friendly Avenue. The church will be on your left.

From the south on US 220, turn left (toward Charlotte) on BUS I 85. Turn off at exit 121B to Holden Road. Turn right and follow Holden

Road south past the intersection with Friendly Avenue. The church will be on your left.

From the southwest, take BUS I 85 to turn off at exit 121B to Holden Road. Turn left (north) and follow Holden Raod south past the intersection with Friendly Avenue. The church will be on your left.

From the west on I 40, turn off at Exit 218, follow Patterson Street (NC 6) to the intersection with Holden Road. Turn left and follow Holden Road south past the intersection with Friendly Avenue. The church will be on your left.

A map is provided on the next page. Groups are encouraged to take advantage of their communities' buses, to avoid parking congestion.

REGISTRATION FORM (OPTIONAL)

You may use this form to register:

Please register me (us) for the CCCR of NC Annual Meeting, October 20, 2005.

Name(s) (please print): _____

Community _____ E-mail or phone _____

Amount of check enclosed \$ _____

Mail check for \$10 for each person made payable to SUSAN RHYNE. Send the check to Susan at 3913 Muhlenberg Court, Burlington, NC 27215.

I (we) have the following dietary restrictions:

and conclude with Major Carrie Acree in Iraq, in 2004.

Our book-signing tour opens with a Belle Meade publication party on October 22 and continues through the Carolinas during the last week of October and the first week of November. If you

come to a book-signing program in your area, please be sure to say hello and tell us which CCRC you now call home.

Joanne Martell
Belle Meade

American Christmases is available in hardcover for \$24.95 from John F. Blair, Publisher, telephone (800) 222-9796.



Scene on the Twin Lakes campus. Photo by John Cannon.



The Aldersgate Chimers perform at the meeting of the Western Region, August 18, at Aldersgate. Photo by Joan Cannon.

American Christmases Recalled in Resident's New Book

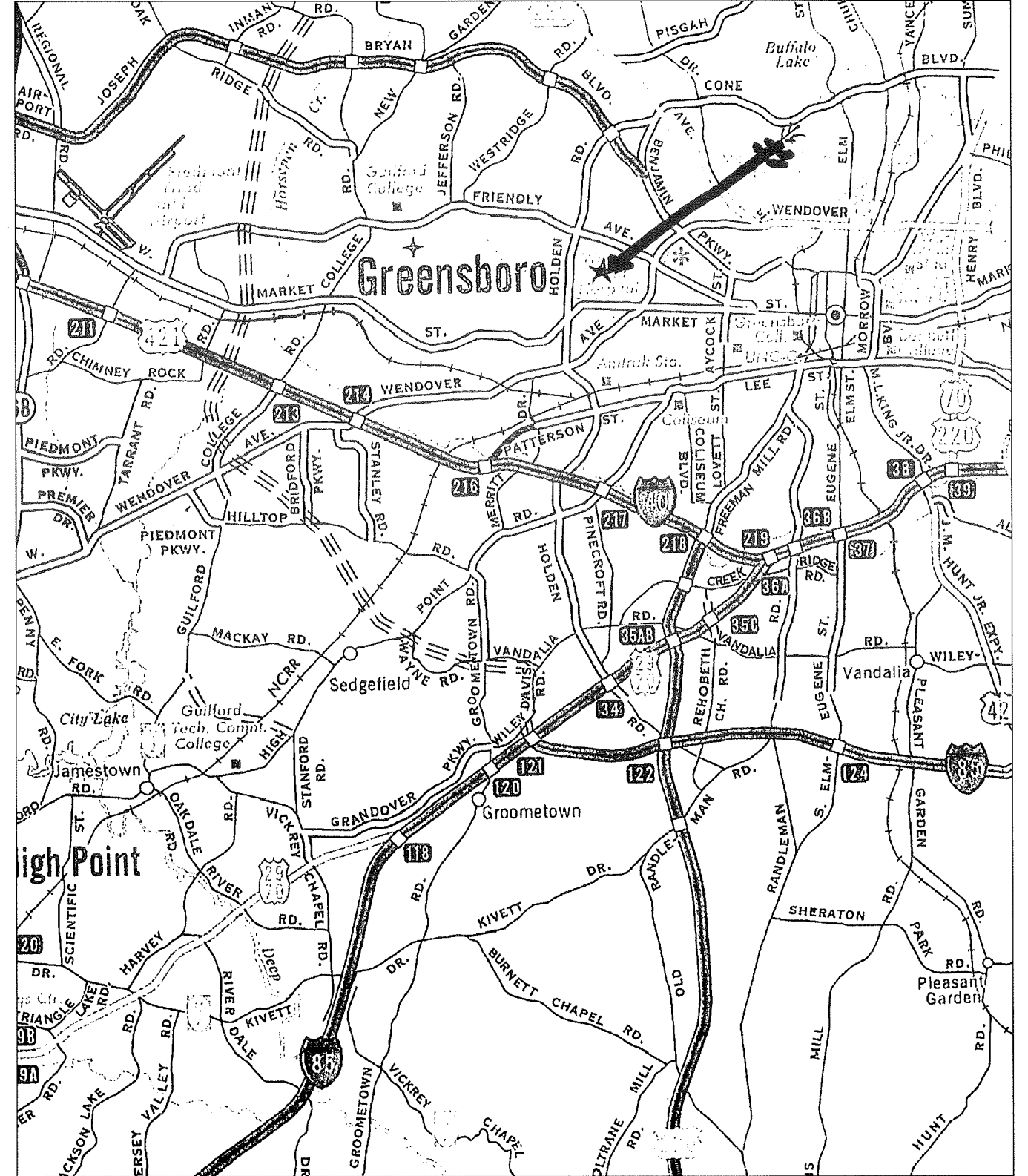
LAST YEAR, through the *Hotline*, I asked fellow CCRC residents to send me first-hand accounts of Christmas happenings from old journals or letters, or their own memories, to be included in a book.

Mrs. Sarah W. Cooke, from Croasdaile Village, responded with a lovely memoir of her girlhood Christmases in

1920s Virginia. My own Belle Meade community in Southern Pines contributed three entries: Barbara Bowman, a jolly letter her father-in-law wrote to his baby grandsons, describing Georgia Christmases in the 1850s; Mary Ann Bird, her great-grandfather's wistful Civil War letter sent from the Virginia front to his family in New Jersey;

Dorothy McDonald, a suspenseful 1910 account by her mother-in-law, about the Christmas when she almost burned down her Pennsylvania schoolhouse.

These pieces appear in *American Christmases*, along with some 250 other accounts, which begin with Captain John Smith in Jamestown, Virginia, in 1608,



Meet the Nominees

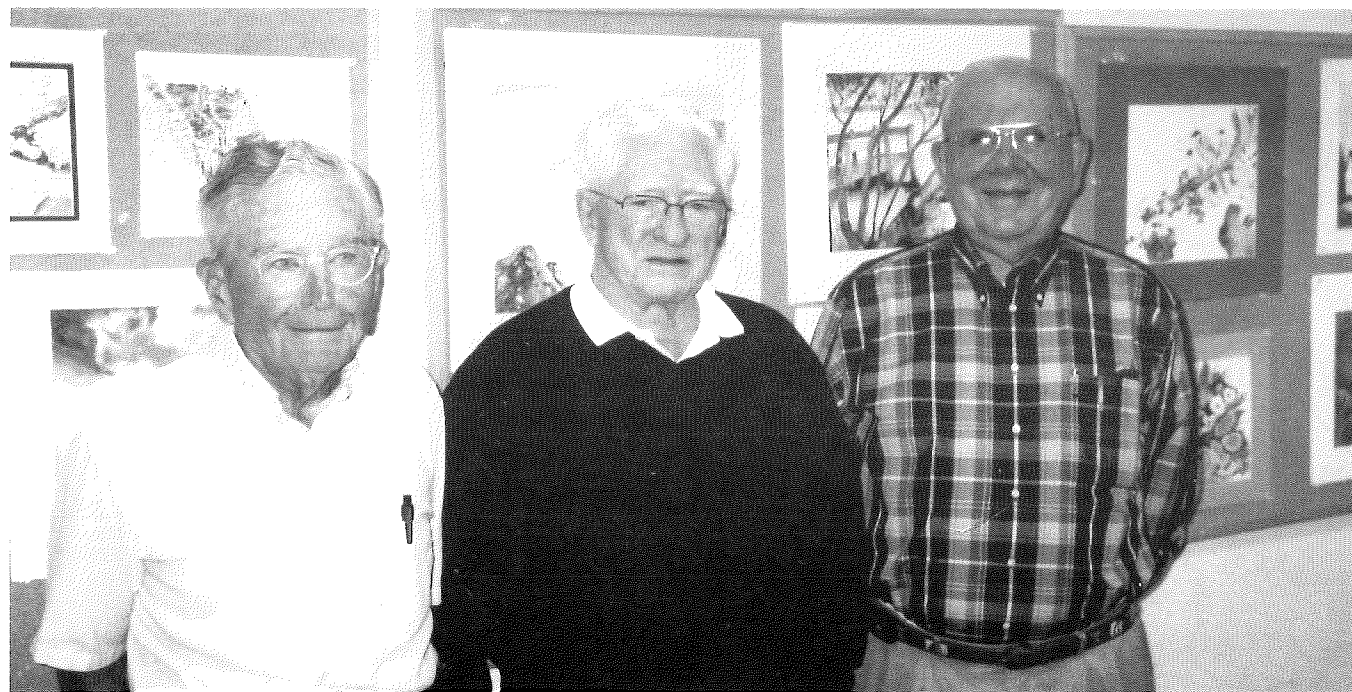
MEMBERS WHO ATTEND the Annual Meeting on October 20 will have the opportunity to vote for CCCR of NC officers for the 2005-2006 fiscal year (October 2005 through September 2006). At its meeting on September 12, the Executive Committee approved the slate of nominees proposed by the Nominating Committee, which was chaired by Don Hasty (Piedmont Crossing). Other members of the Nominating Committee were Ivor Collins (Carol Woods), Janet Amos (Salemtowne), and Happy Bradley (Deerfield).

JOHN SLOAN, nominee for President, moved to Belle Meade in 2001 after residing in Southern Pines for 23 years. A native of Min-

neapolis-St. Paul, he graduated from the University of Minnesota with a major in journalism. After serving in the navy for 21 years, he returned to the Midwest. In West Bend, Wisconsin, he held his most recent job, that of president and CEO of Ziegler Financing Corporation of West Bend, an institution that arranges for financing of retirement communities. He is a Past President of the Belle Meade Residents Association.

John enjoys playing with his computer. He swims for exercise and plays duplicate bridge. An enthusiastic traveler, he is about to embark on a trip with his lady friend, to visit her daughter in Paris.

WILLIE JOHNSON, nominee for Vice President, is a North Carolinian, originally from



Nominees Ted Blount, John Sloan, and Walton Boyer (left to right) at the CCCR of NC Executive Committee meeting in Greensboro September 12.

From Our Communities

Seniors Dance the Night Away at Presbyterian Homes of High Point

RESIDENTS at Presbyterian Home of High Point enjoyed a "senior prom" on Friday, May 20. All residents in independent living and assisted living received formal invitations. The prom, hosted by PHHP staff, was held on our quadrangle (a park of green grass and beautiful old oak trees behind the apartments lining the perimeter of the square block) from 6 to 8 pm. Beginning at 5:30, a limousine circled our community to bring the guests and take them back home. Friends assisted in bringing wheelchair-bound residents. Women attendees received corsages. A big-band orchestra, "The Kings of Swing," played our kind of music for listening and dancing under a large circus-type tent with open sides, while uniformed cadets from a nearby military school served hors d'oeuvres. Resident Gladys Horney, 105, was crowned prom queen.

A wonderful time was had by all!

Edith Dozier
Presbyterian Home of
High Point



From the President

RECENTLY I received an anonymous letter from a CCRC resident. My first impulse was to discard a communication that did not identify its author. But on second thought, I wondered what would cause the writer to want to remain anonymous. The only reason I could think of was that the writer feared retaliation because of the content of the letter. So I decided to share the letter with the resident community. It said, in part:

"Some of us in CCRCs need advice and suggestions about how to urge management and our Board of Directors to honor the State Statute 58-64-40. We want to know, for instance, how the powers that be can be allowed to ignore the statutes after asserting they are going to give residents their legal rights. Please help!"

The writer is concerned about the State Statute entitled "Right to Organization." Section (a) gives residents the right of self-organization, the right "to be represented by an individual of his own choosing, . . . and the right to keep informed on the opera-

Help for residents is available

tion of the facility in which he is a resident."

Section (b) reads "The Board of Directors or other governing body of a facility or its designated representative shall hold semiannual meetings with the residents . . . for free discussion of subjects including, but not limited to, income, expenditures, financial trends and problems as they apply to the facility. . . . Upon request of the most representative residents' organization, a member of the governing body of the provider, such as a board member, general partner, or a principal owner, shall attend such meetings. Residents shall be entitled to at least seven days advance notice. . . . An agenda and any materials that shall be distributed by the governing body at the meeting shall remain available upon request of the residents."

I don't know which section was the letter writer's primary concern. But I do know that any resident who has a concern about management

compliance with any part of this statute is invited to get in touch with Mr. Jeff Trendel, the Director of the Financial Evaluation Division, Special Entities Section of the North Carolina Department of Insurance. The telephone number there is (919) 733-5633, extension 268 or 269. I know that on at least three occasions in recent years, Mr. Trendel has attended the meetings mandated in Section (b) of the statute, both with and without advance notice. So if the letter writer believes that the management of his or her CCRC is not in compliance, help is available.

The same is true for other residents of CCRCs throughout North Carolina. Our state is fortunate to have good legislation in place for CCRC residents. We need to know our rights and not hesitate to raise questions when we think management might not be in compliance.

Myles Walburn

Durham. She has lived in Croasdaile Village for seven years. After obtaining her degree in music and education from High Point University, she did graduate work at Duke and Carolina. She taught music, language arts, and social studies in the public schools. A good part of her life was spent in Birmingham, Alabama, where she worked with her late husband, CEO of two CCRCs, providing special services for residents. She has been President of the Croasdaile Village Residents Association.



Willie Johnson

Willie enjoys reading and does water aerobics. She sings in a church choir and is about to begin directing a choral group at Croasdaile Village.

TED BLOUNT, nominee for Secretary, has lived at Arbor Acres for 11 years. He is originally from Pensacola, Florida, but moved to Arbor Acres from Winston-Salem. Ted is a pediatrician. His MD degree is from the University of

Pennsylvania. After being in private practice, he became the Associate Director of the Physician Assistant Program at Wake Forest, a position he held for seven years. He derives great satisfaction from answering the questions of mothers as a volunteer for a computer organization that provides free professional advice over the Internet (<allexperts.com>).

Ted and his wife Charlotte are avid travelers who have been around the world twice. Ted plays golf two or three times and tennis twice every week. He and Charlotte keep up with current events, regularly attending seminars at Chapel Hill.

WALTON BOYER, nominee for Treasurer, who has lived at Deerfield for one year, moved there from Springfield. A graduate of the Naval Academy with majors in nuclear physics and business management, he served in the navy for 30 years in Research and Development, specializing in weapons development, particularly the development of ballistic missiles and antiballistic missile defense systems.

Walton and his wife enjoy traveling and are planning a trip to San Diego and Mexico next spring. He also plans to take up the study of Russian and to begin taking piano lessons.

See you in Greensboro on October 20!

Executive Committee Has Productive Meeting

THE CCCR OF NC EXECUTIVE COMMITTEE met Monday, September 12, at Friends Home West in Greensboro. President Myles Walburn (Carolina Meadows), Vice President John Sloan (Belle Meade), Secretary Lisbet Nielsen (Covenant Village), and Treasurer Sterling Whitener (Friends Home West), and Committee members Ted Blount (Arbor Acres), Roger Cannon (Grace Ridge), and Robert Wyatt (Belle Meade) were present, along with guests Walton Boyer (Deerfield), Dick and Audrey Nielsen (Covenant Village), and Sandra Lovegrove (Twin Lakes). Unable to attend were Past President Don Hasty (Piedmont Crossing) and invited guests Willie Johnson (Croasdaile Village) and Susan Rhyne (Twin Lakes).



Bob Wyatt, Executive Committee Member for the Eastern Region, and CCCR of NC Secretary Lisbet Nielsen relax at the Executive Committee Meeting.

URGE CONGRESS TO MAINTAIN MEDICARE COVERAGE FOR OUTPATIENT THERAPY

An item on the agenda that is of particular importance to CCRC residents was a request from AAHSA (American Association of Homes and Services for the Aging) by way of NCANPHA to urge Congress to maintain the level of outpatient therapy that is now covered by Medicare. Residents are asked to contact our representatives in Washington and ask that they support SB 438 to repeal the Balanced Budget Act's provision on Medicare coverage of outpatient rehabilitation therapy.

If Congress does not act this year, on January 1, 2006, coverage will be limited to \$1,590 for physical and speech therapy and an additional \$1,590 for occupational therapy per year per beneficiary. These caps are part of the Balanced Budget Act of 1997. Their imple-

mentation has been suspended three times by Congress, in recognition of the unjust burden they would impose on many Medicare beneficiaries, as well as the fact that they would lead to higher costs in the long run.

Executive Committee members not only agreed to contact their representatives as individuals, but also, for the first time such an action has been taken, voted that the CCCR of NC should take a position in support of SB 438. The President was instructed to make our position known to the 15 North Carolina members of Congress.

NEW OFFICERS NOMINATED

The Nominating Committee, chaired by Don Hasty, has completed its job of selecting officer candidates for the 2005-2006 year. In the absence of Don, who was ill, Myles Walburn reported their recommendations: for Presi-

dent: John Sloan (Belle Meade); Vice President: Willie Johnson (Croasdaile Village); Secretary: Ted Blount (Arbor Acres); Treasurer: Walton Boyer (Deerfield). It was noted with satisfaction that among the officers there is a representative from each of the three regions. The committee was also pleased to have a woman in the Vice President position. The Nominating Committee completed its work well before the Annual Meeting, for the first time in recent memory. Executive Committee members accepted the report of the Nominating Committee, with gratitude for its work, and recommended its adoption by the Board of Directors at the Annual Meeting.

THE ANNUAL MEETING

The Executive Committee turned its attention to preparations for the October 20 statewide Annual Meeting. Approval was given for breakout sessions in 1) Medication Management; 2) end-of-life issues, including Death with Dignity laws in North Carolina; and 3) Everything You Ever Wondered about CCRC Finances, including how increases in monthly fees are determined, how fees attributable to prepaid health care are calculated

for independent and assisted living, and how these fees interrelate with Medicare/Medicaid. There will also be an occasion to hear more and ask questions about the Driving Assessment Program now under way in several CCRCs.

OTHER BUSINESS

Draft Bylaws were reviewed and recommended for adoption by the Board of Directors.

Brief reports were given about events in the individual regions. The treasurer made a financial report covering 11 months of the fiscal year, showing total expenditures below budget, and mentioned that an audit will be conducted prior to the annual meeting. President Myles Walburn and Vice President John Sloan reported that they will be representing CCCR of NC at the AAHSA meeting November 7-10. The Committee voted that, as a matter of policy, the budget each year will cover the expenses for the President and Vice President (or President Elect) to attend the annual AAHSA winter meeting.

Myles Walburn
CCCR of NC President

Dues Due

CCCR of NC's 2004-05 fiscal year ended September 30. If you have not already paid your dues for 2005-06, now is a good time. Checks should be made out to CCCR of NC and given to your local CCCR of NC representative.